

DC Update

Mark Parkinson
President & CEO

AHCA[®]
AMERICAN HEALTH CARE ASSOCIATION

NCAL[®]
NATIONAL CENTER FOR ASSISTED LIVING

HONG KONG LAW

"BESPOKE" VISA ROUTE WOULD LET BRITISH NATIONALS OVERSEAS COME FROM HONG KONG TO WORK OR STUDY IN UK FOR FIVE YEARS

skynews.com

THE WORLD'S SUPPLY OF THE DRUG REMDESIVIR AFTER IT WAS SHOWN TO HELP RECOVERY FROM CORONAVIRUS AND V



394th Judicial District Court

Recording of this hearing or live stream
is prohibited.

Violation may constitute contempt of
court and result in a fine of up to \$500
and a jail term of up to 180 days.

394th Judicial District Court

394TH JUDICIAL DISTRICT COURT OF TEXAS

Jerry L. Phillips

H. Gibbs Bauer

red ponton

zoom

COVID-19 Among Nursing Home Residents

State

All

Total Cases

1,753,262

Total Deaths

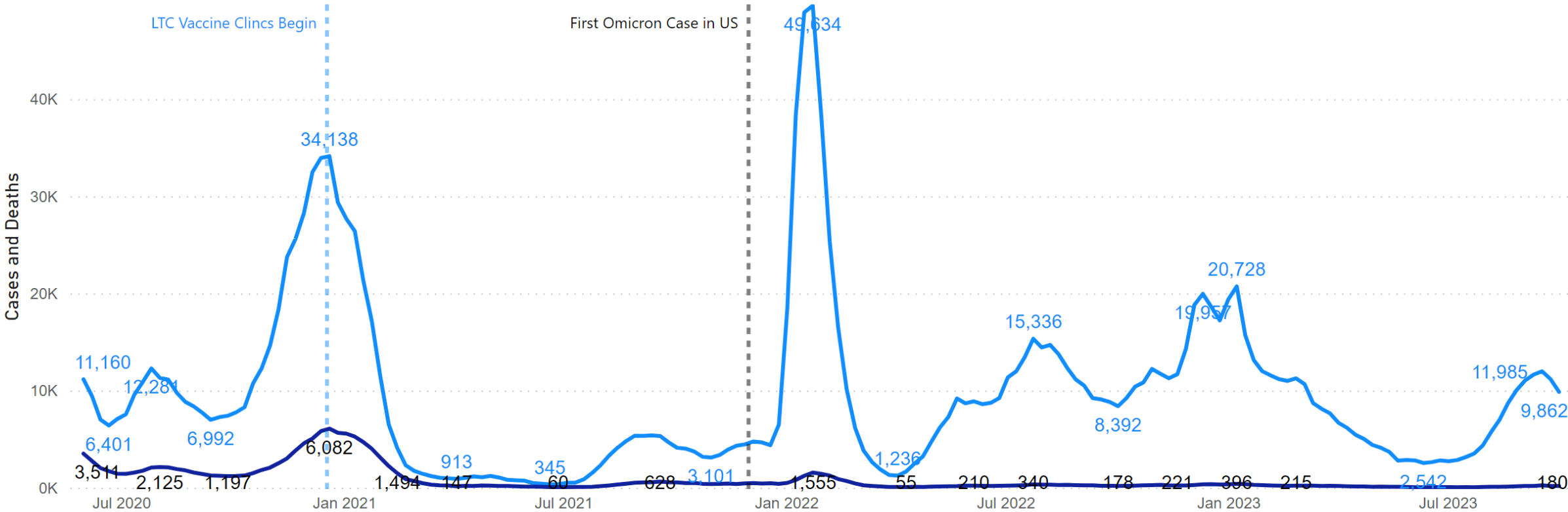
167,893

Estimated Recoveries

1,486,699

Trend of New Cases and Deaths

● New Resident Cases ● New Resident Deaths



Data Through Week Ending:

October 1, 2023

Source: NHSN **Notes:** May 24, 2020 includes collective historic data and is excluded from the graph since it does not capture that specific week. Estimated recoveries made using a 3-week disease period using NHSN cases and deaths. Latest week's data is preliminary and represents fewer nursing homes than other weeks.

State

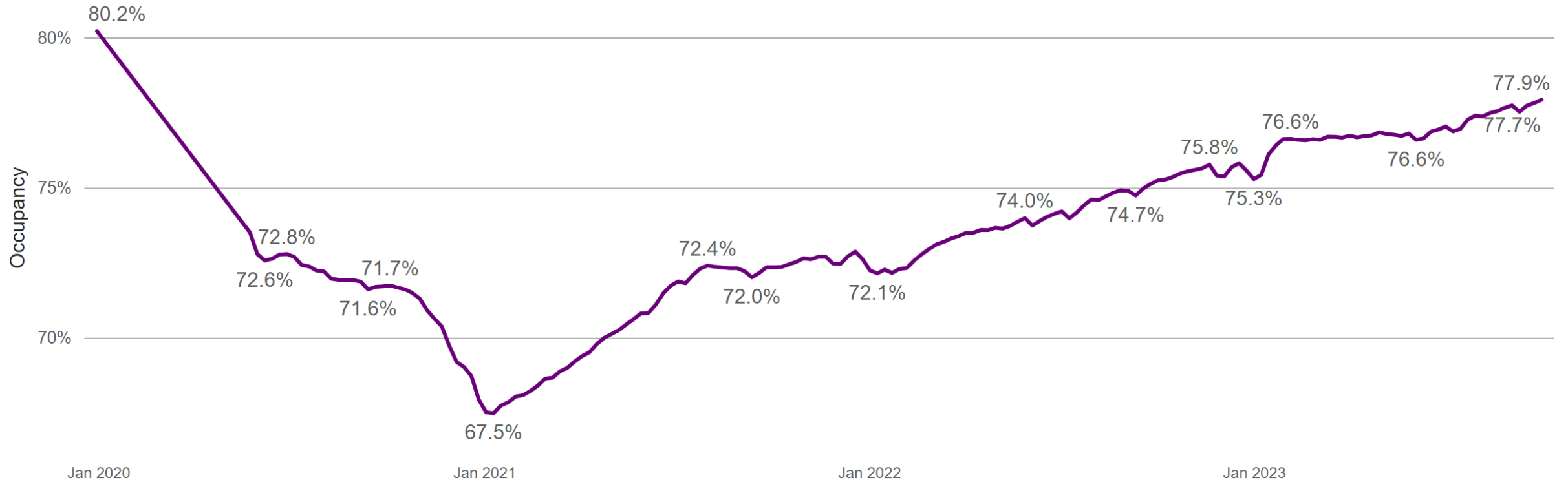
All

Nursing Home Occupancy

Current Average Occupancy

77.9%

Average Occupancy



Data Through Week Ending:

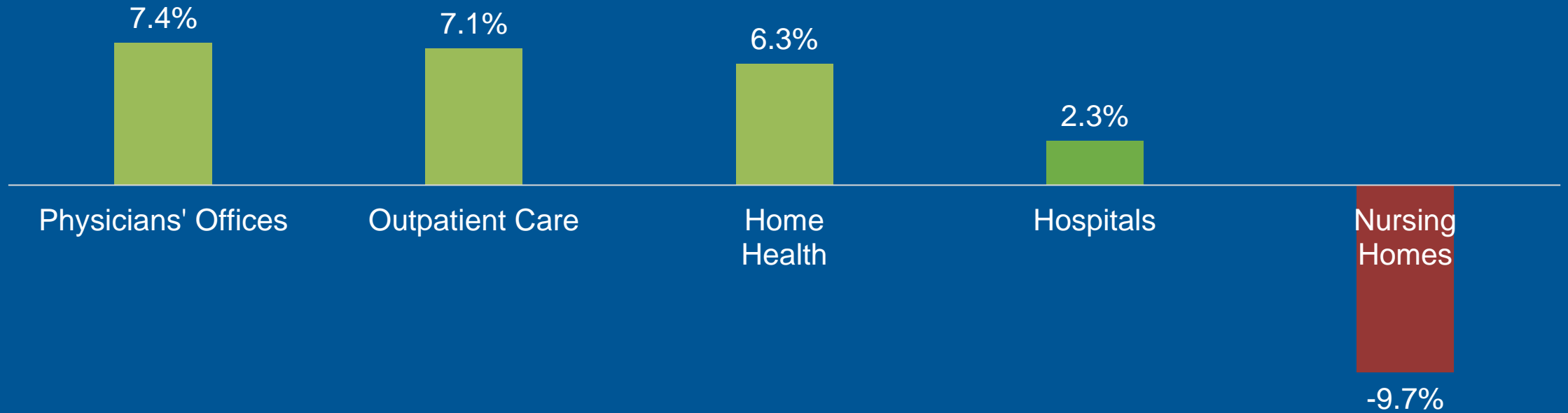
October 1, 2023

Source: Payroll-Based Journal (PBJ) and NHSN

Notes: PBJ data used to calculate 2019 average occupancy. All other occupancy data based on NHSN.

NURSING HOMES: WORST IMPACTED THAN ANY OTHER HEALTH CARE SECTOR

Percent Change in Health Care Sector Employment since Feb 2020





2023 Efforts

- 4% Medicare increase October 1
- State wins
- Fought off most regulatory challenges



Biden Regulatory Challenges

- 22 proposals
- Most we've supported or have already happened
- Only 4 are definite non-starters
- Of those, only minimum staffing is major threat



Minimum Staffing Not Possible

- Workers are not available
- Funding is not there



Number of Hours Required

- RN: 0.55 HPRD
- Nurse Aide (NA): 2.45 HPRD
- No specific LPN requirement
- 24/7 RN
- If acuity needs of residents require more, higher RN and NA staffing level will also be required



Where We Are Today

- 49% do **not** meet 0.55 RN HPRD
- 72% do **not** meet 2.45 NA HPRD
- 19% meet both RN & NA HPRD
- Estimate <20% facilities have 24/7 RN hours
 - PBJ has per day, not shift-level data



IMPROVING LIVES by DELIVERING SOLUTIONS for QUALITY CARE

Your Top-Line – Minimum Staffing Edition (2023-Q3)

- Provides Facility-level data on if proposed minimum staffing requirements are met with the latest PBJ data
 - Calculates how many additional hours and FTEs would be needed to meet requirements
- Released on Sept 8, 2023
- Free for Members and Accessible through [LTC Trend Tracker](#)

Your Top-Line: Proposed Minimum Staffing Special Edition

Center Name
123 Road, City, ST 98765

September 8, 2023

Proposed Staffing Requirements and Your Center’s Current Performance

According to the latest PBJ Data from 2023-Q1, your center meets zero of the proposed staffing re-quirements. An additional 1,826 Nurse Aide Hours (3.7 FTEs) and 1,757 RN hours (3.6 FTEs) would be needed to meet all the requirements. [A more detailed summary of the rule is on our website](#)

Requirements	After Final Rule, Compliance Deadline		Your Center’s Latest Data		
	Urban* SNFs	Rural SNFs	Your Center’s Latest PBJ Data (2023q1)	Meet Threshold?	Hours (FTEs) Needed to Meet Requirement
Facility Assessment Expansion	60 days	60 days			
24/7 RN on Site	2 Years	3 Years	49 Days with <24 RN Hours	No	378 (0.8)
2.45 Nurse Aide Hours per Resident Day (HPRD)	3 Years	5 Years	2.177	No	1,826 (3.7)
0.55 Registered Nurse (RN) HPRD	3 Years	5 Years	0.288	No	1,757 (3.6)

* Based on the US Census definition, your center is considered urban and located within the (blank) Urban Area.



How Do I Register?

www.ahcancal.org/Data-and-Research/LTC-Trend-Tracker

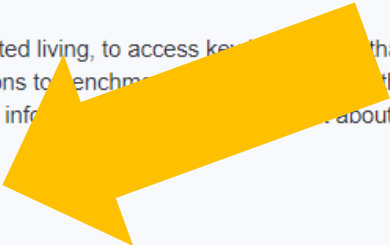
AHCA/NCAL / Data & Research / LTC Trend Tracker

LTC Trend TrackerSM

LTC Trend TrackerSM is a web-based tool that enables long term and post-acute care providers, including assisted living, to access key data that can help their organization succeed. This exclusive benefit for AHCA/NCAL members, allows skilled nursing and assisted living organizations to benchmark themselves against those of their peers and examine ongoing quality improvement efforts. LTC Trend Tracker is AHCA/NCAL members' one-stop-shop to gain timely information about their own performance as well as that of the entire profession.

LOGIN

REGISTER



BEHOLD THE POWER OF INFORMATION

With just a few clicks of a button, LTC Trend Tracker gives you access to government data collected by the Centers for Medicare and Medicaid Services (CMS) on skilled nursing centers – providing you with one central hub for all your reporting needs. For assisted living members, LTC Trend Tracker allows you to upload and track key quality metrics. Use the Dashboard to quickly see how you are trending on key metrics compared to your peers. Quickly download reports to share and engage staff members as well as area providers to build partnerships.

ENHANCE YOUR COMMITMENT TO QUALITY

Improving quality care is a journey, and LTC Trend Tracker is the tool you need to ensure your organization stays on track. Monitor your progress on quality measures, Five-Star, AHCA/NCAL Quality Initiative goals, hospital readmission rates and more. Identify areas your organization should address in order to improve and set your own performance targets. Demonstrate your dedication to quality to your patients and residents with verifiable results.



How Do I Log Into LTC Trend Tracker?

www.ltctrendtracker.com

Navigation bar containing logos for AHCA (American Health Care Association), NCAL (National Center for Assisted Living), and LTCtrendtracker (Your Quality & Performance Solution). It also includes links for Login and Help.

➔ Login with Username and Password

User:

Password:

[Acceptance Agreement](#)

[Forgot Password?](#)

LOGIN



There is No Funding

- No funding for increased staff
- CMS estimates 10-year cost is \$40.6B
 - Average cost of \$4.1B annually
 - That's an average of \$300,000 per building
- CLA report estimates cost will be \$6.8 billion per year



Other Major Problems with the Rule

- LPNs don't count
- Waiver not possible to get
- Measuring period puts every building out of compliance
- Penalties are too harsh

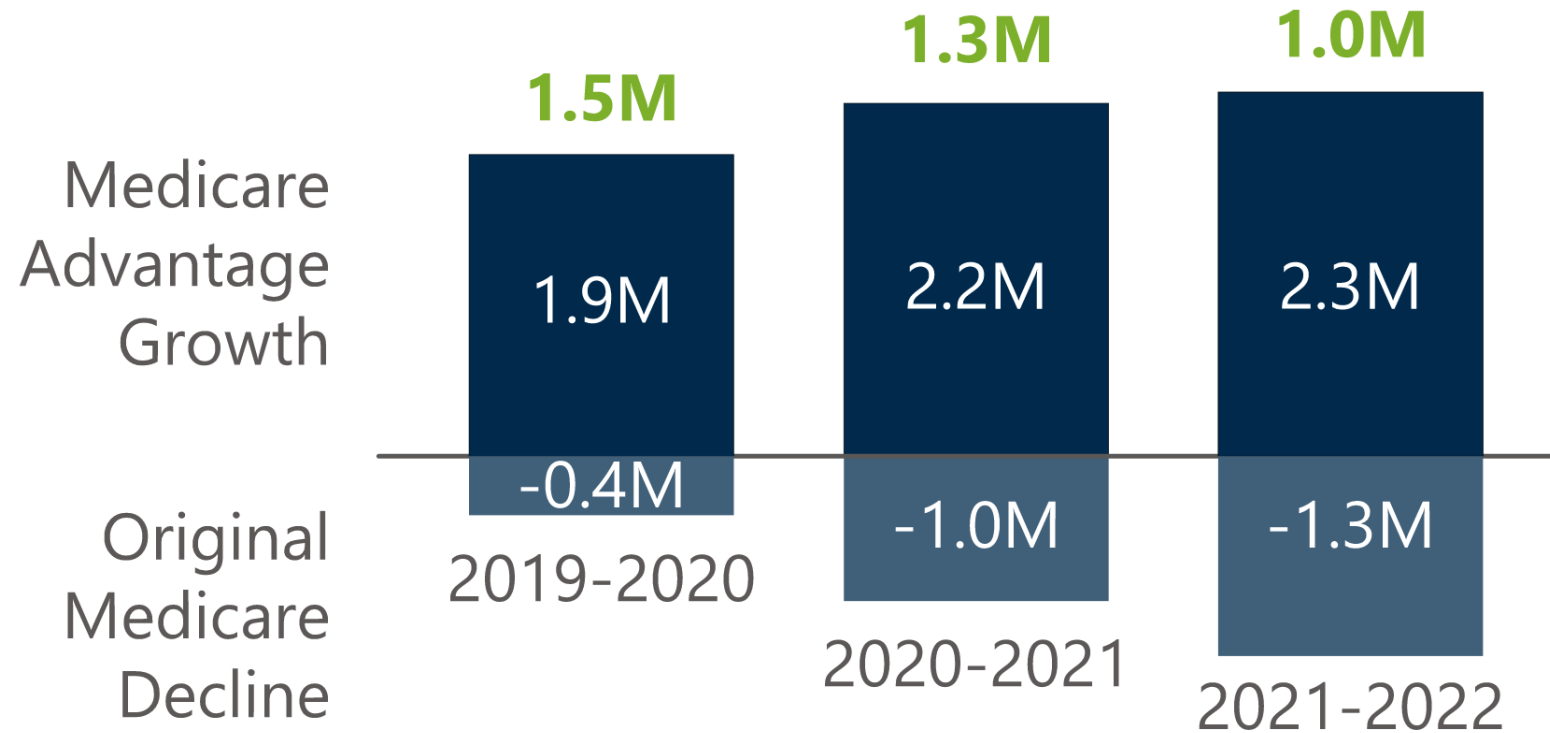


We Need Your Help

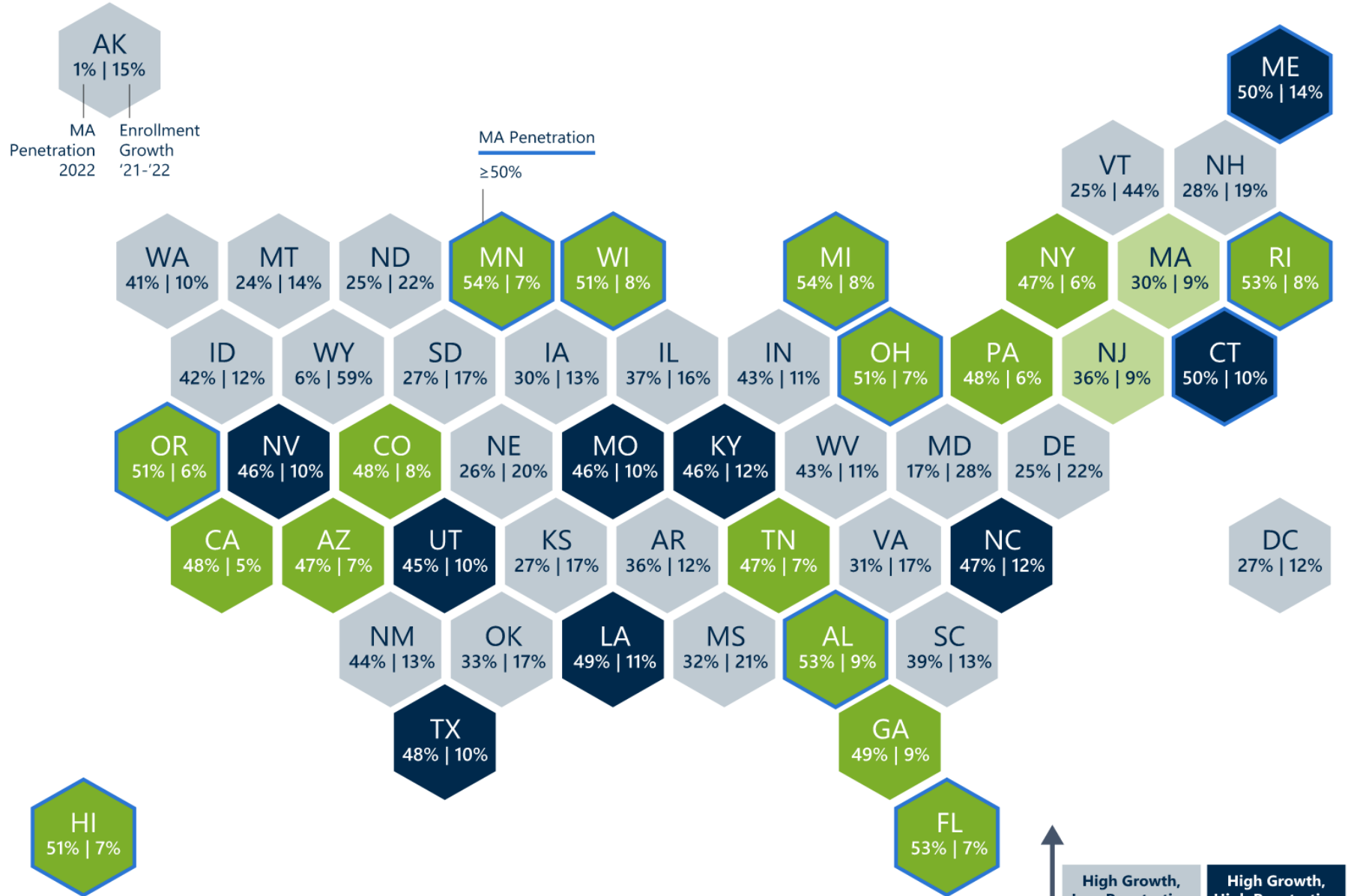
- Comments
 - Submit comments through <https://www.ahcancal.org/>
 - Webinar: [Contacting CMS on Minimum Staffing Requirements](#)
- Facility tours
- DC visits



Medicare Advantage Penetration Grew from 37% to 45%, 2019 – 2022

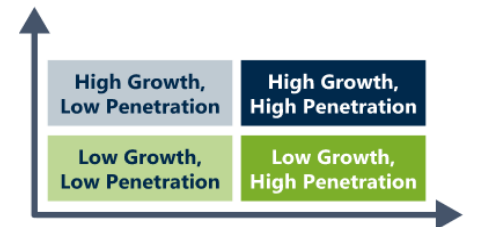


Source: The Chartis Group, Medicare Advantage Enrollment Continues to Surge in an Increasingly Complex and Competitive Landscape



- ### MA Plan Advocacy
- “News About MA” Webpage
 - Member Experience Survey and Report
 - Provider Coalition

Source: The Chartis Group, Medicare Advantage Enrollment Continues to Surge in an Increasingly Complex and Competitive Landscape





AHCA Response

- Setting up networks
- Encouraging people to get into their own population health management programs



2023/2024 Provider-Owned Networks

Operating (# of Providers)

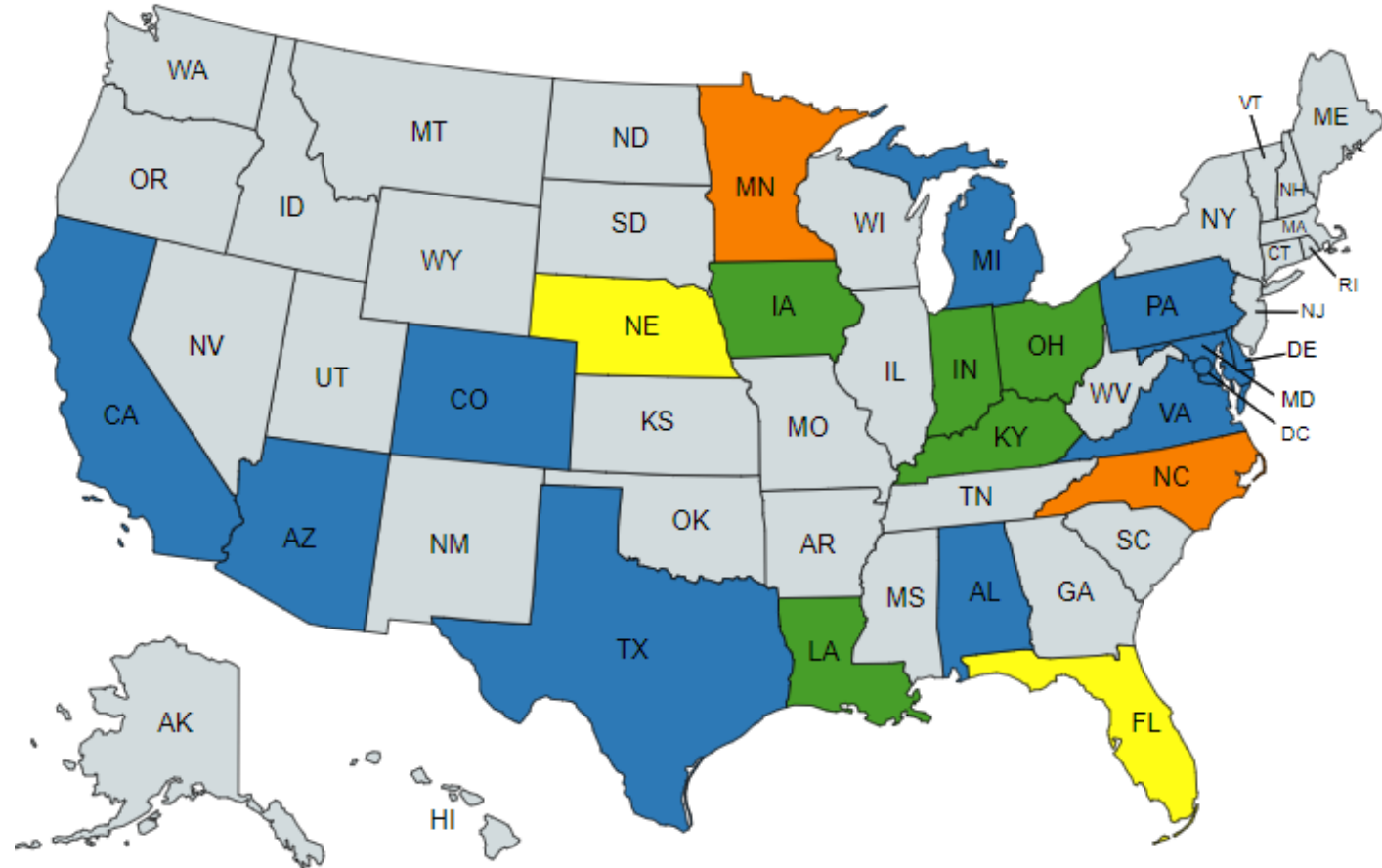
- Iowa (181)
- Indiana (327)
- Ohio (168)
- Louisiana (141)
- Kentucky (113)

Launching Next 2023

- Florida (200+)
- Nebraska (100)

Launching Q3/Q4 2023

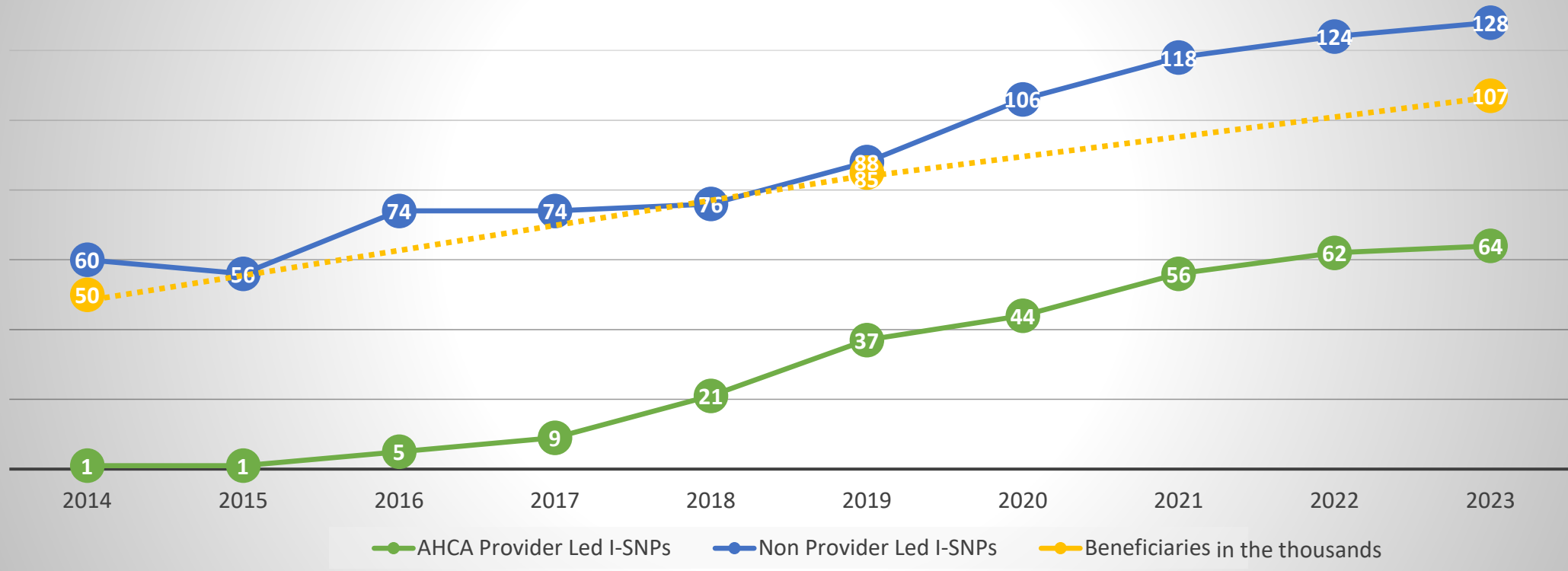
Exploring/2024





LTC Provider Led I-SNPs Continue to Grow As Providers Seek More Leadership in PHM

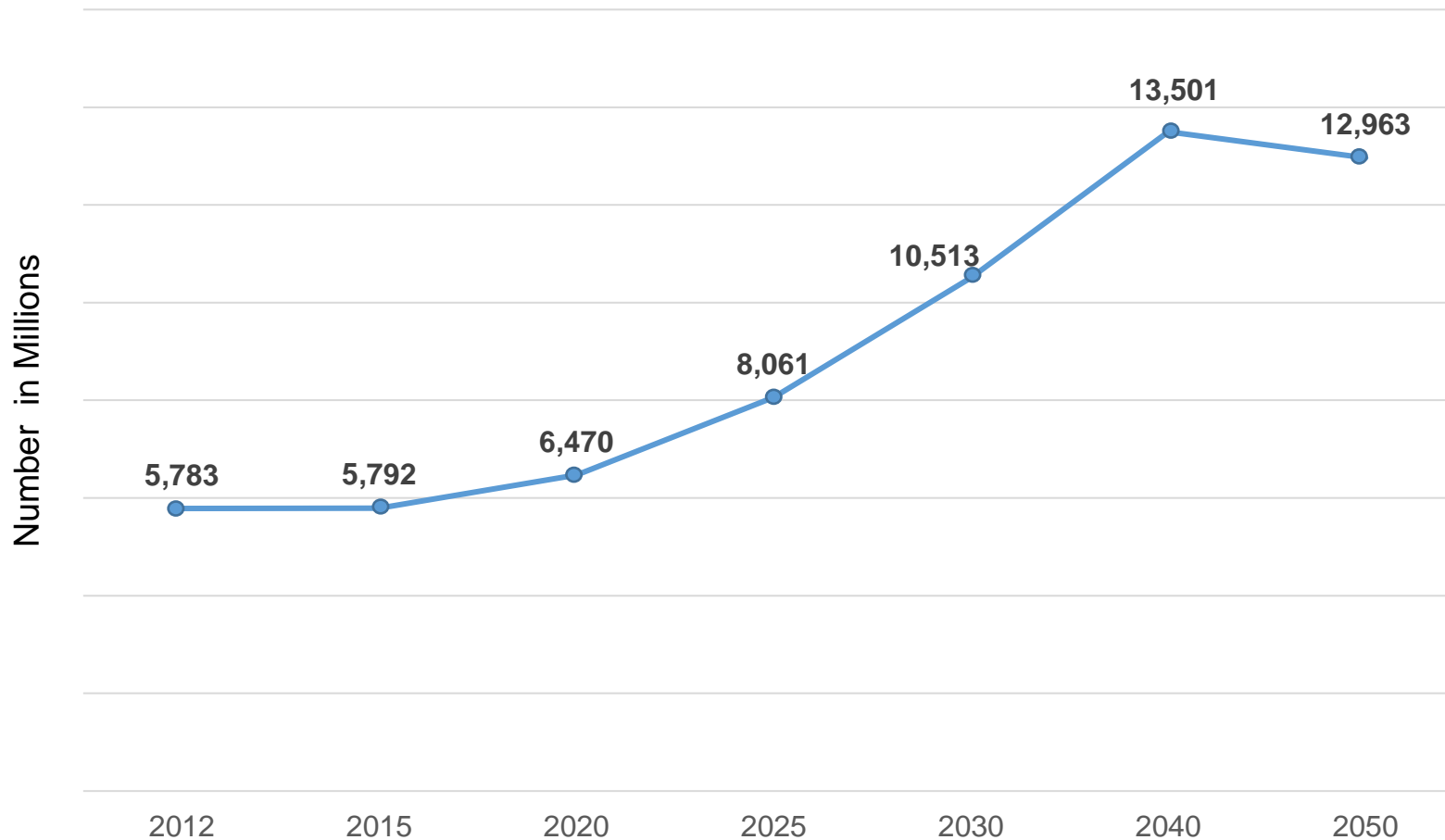
AHCA Provider Led I-SNPs and Non-Provider Led I-SNP Growth





Aging of Population Is Still Occurring

Population Growth – 80-84 Years

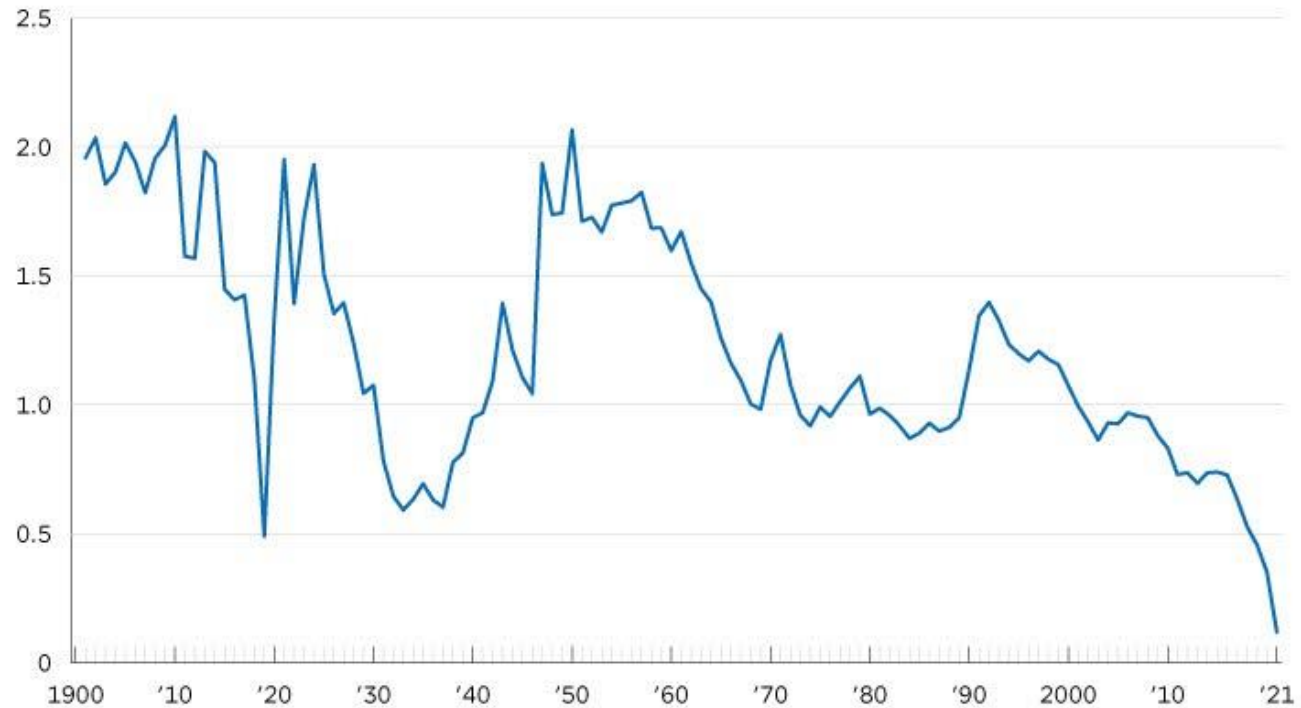




US Population In Decline

Figure 1.

Annual Percent Change in the U.S. Population: 1900-2021



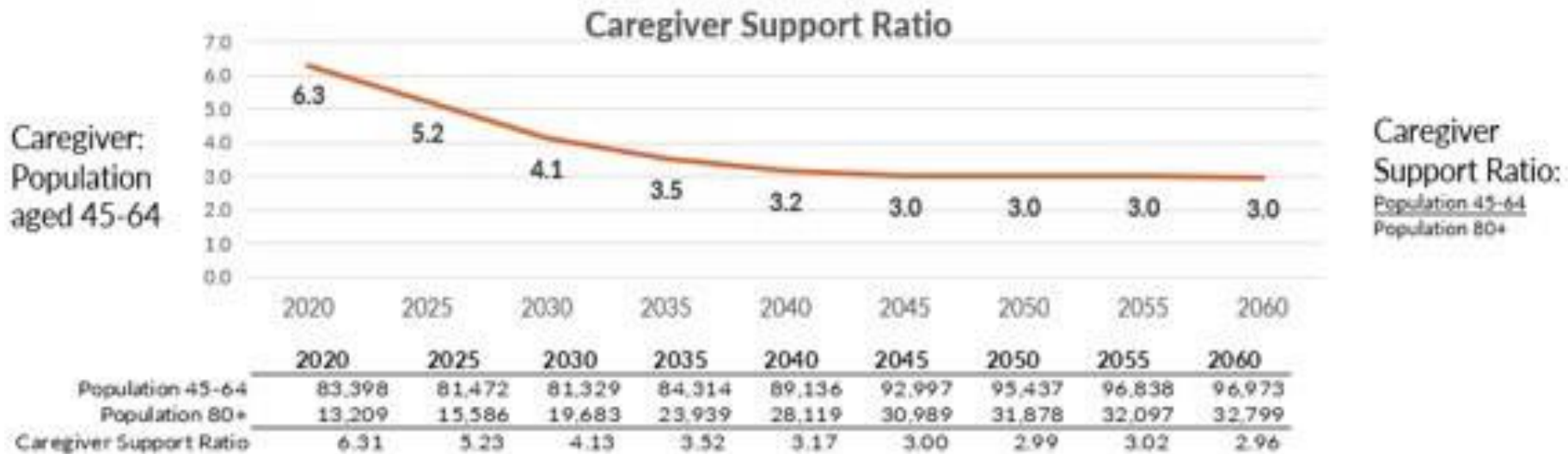
Note: 1917-1919 includes U.S. Armed Forces overseas.

Source: U.S. Census Bureau, Vintage 2020 Estimates; Vintage 2021 Estimates; 1900-1990, 1990-2000 & 2000-2010 Intercensal Estimates.



Number of Caregivers Will Decrease

- Caregiver support ratio represents the 45-64 population divided by the 80+ population. This means there will be less people to care for the 80+ population causing more seniors to seek housing and care outside of their home.
- At any point, 6 percent of adult children serve as caregivers, and 17 percent will take on this role at some point in their lives
- Those who do provide care devote an average of 77 hours per month, which can take a toll on both the finances and health of the caregiver.





Implication

- Must figure out how to do more with less people
- Winner in employee engagement will win

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